

VJK KB Diksmuide 26: Session: 1: COACH evaluation sheet for TEAM: BRABO

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BREASTSTROKE MEN 13-14					Heat:3, starttime: 09:04
Heat: 3/6 Lane : 8 Athlete: VAN CAMPFORT OLIVIER					Q-time: 01:22:03
PB (25m pool): 01:22.03 Mol 04/10/2026					PB (50m pool): 01:23.32 SB: 01:22.03 Mol 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.74		01:22.03	
	00:38.74		00:43.29		
					

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 13-14					Heat:4, starttime: 09:06
Heat: 4/6 Lane : 3 Athlete: CRISTIAN DAMIAN IANIS					Q-time: 01:14:70
PB (25m pool): 01:14.70 Mol 04/10/2026					PB (50m pool): 01:15.99 SB: 01:14.70 Mol 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.54		01:14.70	
	00:35.54		00:39.16		
					

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 13-14					Heat:6, starttime: 09:09
Heat: 6/6 Lane : 1 Athlete: APERS REDA					Q-time: 01:17:82
PB (25m pool): 01:17.74 Nijlen 18/10/2026					PB (50m pool): 01:17.87 SB: 01:17.74 Nijlen 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.72		01:17.74	
	00:35.72		00:42.02		
					

Coach feedback:

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Event number: 2: 100M BREASTSTROKE WOMEN 13-14					Heat:3, starttime: 09:16
Heat: 3/5 Lane : 3 Athlete: VERED TATUM					Q-time: 01:20:22
PB (25m pool): 1:20.22 Competitie ronde 4 eredivisie 14/03/2026PB (50m pool): 1:23.63 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		1:20.22	
	no time				
					

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 13-14					Heat:4, starttime: 09:18
Heat: 4/5 Lane : 4 Athlete: MOR IRIS					Q-time: 01:16:43
PB (25m pool): 01:16.47 Mol 04/10/2026PB (50m pool): 01:16.43 SB: 01:16.47 Mol 04/10/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.46		01:16.47	
	00:36.46		00:40.01		
					

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 13-14					Heat:5, starttime: 09:19
Heat: 5/5 Lane : 6 Athlete: TALBOOM MAJA					Q-time: 01:20:35
PB (25m pool): 01:20.72 Mol 04/10/2026PB (50m pool): 01:20.35 SB: 01:20.72 Mol 04/10/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.31		01:20.72	
	00:38.31		00:42.41		
					

Coach feedback:

Event number: 3: 200M MEDLEY MEN 15-16							Heat:1, starttime: 09:22	
Heat: 1/5 Lane : 4 Athlete: VAN CAMPFORT NICOLAS							Q-time: 02:28:23	
PB (25m pool): 02:30.42 Mol 29/12/2024				PB (50m pool): 02:28.23 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.24		01:10.03		01:57.30		02:30.42
	00:33.24		00:36.79		00:47.27		00:33.12	
								

Coach feedback:

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Event number: 3: 200M MEDLEY MEN 15-16							Heat:3, starttime: 09:28	
Heat: 3/5 Lane : 8 Athlete: DA SILVA CAMARATE SHAWN							Q-time: 02:24:32	
PB (25m pool): 02:24.32 Mol 04/10/2026				PB (50m pool): 02:29.48SB: 02:24.32 Mol 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.44		01:08.78		01:50.85		02:24.32
	00:30.44		00:38.34		00:42.07		00:33.47	
								

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 13-14										Heat:1, starttime: 09:50	
Heat: 1/4 Lane : 2 Athlete: STEPANOV IVAN										Q-time: 00:35:83	
PB (25m pool): 00:33.54 Nijlen 18/10/2026										PB (50m pool): 00:44.74 SB: 00:33.54 Nijlen 18/10/2026	
	2 5 M		5 0 M								
PB			00:33.54								
			00:33.54								
											

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 13-14							Heat:2, starttime: 09:51			
Heat: 2/4 Lane : 6 Athlete: MICHELS LINUS							Q-time: 00:33:41			
PB (25m pool): 00:33.41 Mol 04/10/2026				PB (50m pool): 00:34.23 SB: 00:33.41 Mol 04/10/2026						
	2 5 M		5 0 M							
PB			00:33.41							
			00:33.41							
										

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 13-14							Heat:4, starttime: 09:54			
Heat: 4/4 Lane : 6 Athlete: BORKOVSKYI MARK							Q-time: 00:30:24			
PB (25m pool): 00:30.24 Mol 04/10/2026				PB (50m pool): 00:31.17 SB: 00:30.24 Mol 04/10/2026						
	2 5 M		5 0 M							
PB			00:30.24							
			00:30.24							
										

Coach feedback:

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Event number: 6: 50M BACKSTROKE WOMEN 13-14						Heat:2, starttime: 09:58	
Heat: 2/4 Lane : 2 Athlete: BAHLOULA ANISSA					Q-time: 00:34:34		
PB (25m pool): 00:34.34 Mol 04/10/2026						PB (50m pool): 00:35.27 SB: 00:34.34 Mol 04/10/2026	
	2 5 M		5 0 M				
PB			00:34.34				
	00:34.34						
							

Coach feedback:

Event number: 7: 100M BUTTERFLY MEN 15-16					Heat:1, starttime: 10:02	
Heat: 1/4 Lane : 3 Athlete: DA SILVA CAMARATE SHAWN					Q-time: 01:06:18	
PB (25m pool): 01:06.19 Mol 04/10/2026					PB (50m pool): 01:06.18 SB: 01:06.19 Mol 04/10/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:29.65		01:06.19		
	00:29.65		00:36.54			
						

Coach feedback:

Event number: 7: 100M BUTTERFLY MEN 15-16					Heat:2, starttime: 10:04	
Heat: 2/4 Lane : 5 Athlete: BOGAERS THOMAS					Q-time: 01:00:52	
PB (25m pool): 01:01.68 Kapellen 21/12/2025					PB (50m pool): 01:00.52 SB: 01:01.90 Mol 04/10/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:28.36		01:01.68		
	00:28.36		00:33.32			
						

Coach feedback:

Event number: 8: 100M BUTTERFLY WOMEN 15-16					Heat:5, starttime: 10:16	
Heat: 5/5 Lane : 1 Athlete: TEMMERMAN ELYNNE					Q-time: 01:09:03	
PB (25m pool): 01:09.03 Herentals 17/05/2025					PB (50m pool): 01:12.49 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:31.70		01:09.03		
	00:31.70		00:37.33			
						

Coach feedback:

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Event number: 9: 400M FREESTYLE MEN 13-14							Heat:1, starttime: 10:18	
Heat: 1/4 Lane : 5 Athlete: APERS REDA							Q-time: 04:58:44	
PB (25m pool): 05:03.57 Antwerpen 12/10/2025				PB (50m pool): 05:04.36 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:35.37		01:13.63		01:52.23		02:31.17
	00:35.37		00:38.26		00:38.60		00:38.94	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:09.62		03:48.72		04:26.42		05:03.57
	00:38.45		00:39.10		00:37.70		00:37.15	
								

Coach feedback:

Event number: 9: 400M FREESTYLE MEN 13-14							Heat:2, starttime: 10:24	
Heat: 2/4 Lane : 2 Athlete: VAN CAMPFORT OLIVIER							Q-time: 04:51:81	
PB (25m pool): 05:33.56 Antwerpen 12/10/2025				PB (50m pool): 04:51.81 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:37.67		01:18.18		01:59.71		02:42.89
	00:37.67		00:40.51		00:41.53		00:43.18	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:25.23		04:08.44		04:52.88		05:33.56
	00:42.34		00:43.21		00:44.44		00:40.68	
								

Coach feedback:

Event number: 10: 400M FREESTYLE WOMEN 13-14							Heat:4, starttime: 10:57	
Heat: 4/4 Lane : 6 Athlete: MOR IRIS							Q-time: 04:45:65	
PB (25m pool): 04:46.13 Kapellen 30/05/2026				PB (50m pool): 04:45.65 SB: 04:49.36 Mol 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:08.68		no time		02:22.19
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:46.13
								

Coach feedback: